

## Men's Health: **LOOKS GOOD FROM HERE.**

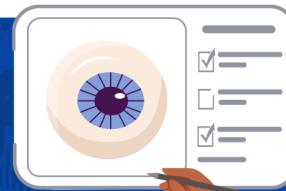
When it comes to vision, men face a different set of risks and don't know it.



**1 in 12 men** are born color blind. 1 in 200 women are. Your eyes are already working harder than you think.

**Men are at higher risk for glaucoma,** one of the leading causes for permanent vision loss.

It has no pain, no warning, no symptoms. By the time you notice something is wrong, the damage is done.



**270+** serious health conditions show up in a comprehensive eye exam before symptoms appear anywhere else.

Diabetes. High blood pressure. Certain cancers. Your eyes see what the rest of your body has not told you yet.

**20/20 does not mean your eyes are healthy. Many eye diseases have no obvious signs or symptoms. The only way to know is to get checked.**

The American Optometric Association recommends a comprehensive eye exam at least every two years for adults and annually for anyone over 65, or sooner if you have diabetes, high blood pressure, or a family history of eye disease.

**At Sam Rodgers, our providers and staff understand the people they serve. Vision care is part of how we look after your whole health, in a modern, welcoming medical home with convenient locations. We see patients regardless of insurance or ability to pay.**

Are you sure you're good? Let's find out.

**(816) 474.4920 | [SamRodgers.org/mens-health](https://www.SamRodgers.org/mens-health)**