

IF YOUR MOUTH COULD TALK, IT WOULD HAVE A LOT TO SAY.

You brush. Maybe you floss. You figured you're good.
But your mouth is telling a story your body has not finished writing yet.



1 in 59 men
will develop oral cavity or throat cancer in their lifetime.

When found before it has spread, the five-year survival rate is nearly 90%. Once it spreads far from where it started, that number drops **below 40%**. A routine dental exam can help spot warning signs early, when these cancers are more treatable.

Nearly 1 in 5 men age 75 and older
has lost all his teeth. Tooth loss is not just a dental problem. It is associated with overall health concerns, including heart disease, stroke history and cognitive decline.

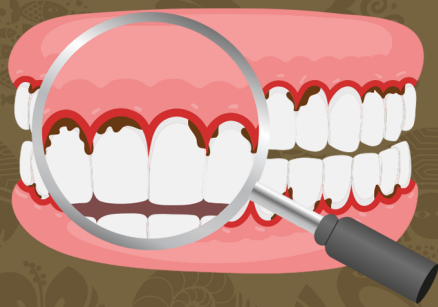
Your teeth are not just teeth.



Gum disease is not just a mouth problem.

The American Dental Association says periodontal disease is associated with health conditions including heart disease and diabetes.

If you already have high blood pressure or blood sugar concerns, your mouth is part of that picture.



A dental visit is not just about cavities. It is a chance to check your teeth, gums, mouth, jaw and overall oral health before small problems become bigger ones. A dental exam every six months is one of the simplest steps you can take.

At Sam Rodgers, our dental team provides comprehensive care for adults including routine exams, X-rays, cleanings, fillings, extractions, root canals, crowns and more. Emergency dental services are available with walk-in hours Monday through Friday, 8 a.m. to noon, at our Downtown and Cabot clinics. We see patients regardless of insurance or ability to pay.

Are you sure you're good? Let's find out.

(816) 474.4920 | [SamRodgers.org/mens-health](https://www.SamRodgers.org/mens-health)